

October 18, 2023 Volume 46 Issue 2 www.lewisflyer.com

# US airports aids those with dementia

**IRENA ILIC NEWS EDITOR** 

Due to a rise of dementia cases in the United States, airports across the country are taking initiatives to make flying with dementia easier.

Dementia is commonly mistaken for Alzheimer's. According to the World Health Organization (WHO), dementia results from a variety of diseases and injuries that affect the brain. Dementia include memory loss, limited problem-solving abilities, forgetfulness, limited social skills and the impairment of thinking abilities that interfere with daily life.

"A person's personal journey in clarity of our cognitive processes," said Mental Health Nursing Instructor, Maureen Craigmile.

"These cognitive connections give purpose to our life and when these processes are diminished or lost, it not only affects the person experiencing these symptoms, but also exerts an enormous cost on many already are. those who love that person-families and the caregivers of those affected, so understanding this disease is key to coping with it," said Craigmile.

Alzheimer's disease is the most common form of dementia and may contribute to 60-70% of dementia cases. The WHO re-

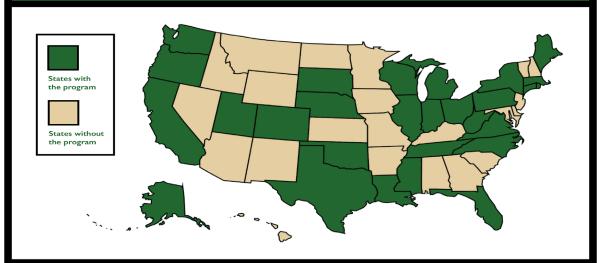
10 million new cases each year. Dementia is currently the seventh leading cause of death and one of the major causes of disability and dependency among older people globally. The biggest risk factor for dementia is old age. As a person gets older, their risk of developing dementia increases. This risk doubles every five years. For those between the ages of 65-69, two in every 100 people have dementia.

Airports are fast paced environrefers to a group of conditions ments filled with large crowds, characterized by at least two brain rows of gates, and Transportafunction impairments. These can tion Security Administration (TSA) agent demands. They can be stressful for many travelers but even more for those with dementia.

The Air Carrier Access Act, passed in 1986 makes it illegal to life oftentimes depends upon the discriminate against travelers because of a disability and ensures assistance with boarding, deplaning, and making connecting flights. Airlines have hired more employees to ensure that those with disabilities are able to travel safely. However, airports do not that the traveler requires more atneed to adhere to this law, but

The Dementia-Friendly Airports Group has been a big driver of the changes implemented in airports across the US and globally. The group, founded in the United Kingdom in 2018 by dementia and alzheimer's experts, has introduced the Hidden Disabilities Sunflower Network. The ports that currently more than network consists of light green worldwide and there are nearly that indicate to airport personnel information desks, family facility program this month. Dallas In-

States in the US that have launched the Hidden Disabilities Sunflower Program in their airports





Over 220 airports across the world have launched the Sunflower program including those in the Asian Pacific, the Caribbean, Europe, Latin America, North America and South America.

**ALEXIS PRAGIDES / GRAPHIC DESIGNER** 

France, KLM, and British Airways have already joined the Hidden Disabilities Sunflower Network. Furthermore, the Sunflower lanyards have been adopted by London Gatwick Airport and in over 200 airports across the world.

Airports such as Phoenix and Kansas City have taken measures to ensure dementia patients have a smooth flying experience. The air-

restrooms, and simulation centers ternational Airport is the second for those affected with dementia.

Montana Airport became certified as a "sensory inclusive" facility, limiting issues in those with dementia that can arise from lighting, floor design and noise. The airport also began using sunflow-ports across the U.S. help impleer lanyards.

catching on, with Dallas Inter- traveling for the older population. 55 million people have dementia lanyards with a sunflower pattern ports have installed quiet rooms, national Airport beginning the

tention. Big airlines such as Air in efforts to provide a safe space largest airport by land mass in the United States, making it easy for In March of 2023, Missoula those with dementia to get lost quickly. Employees who interact with customers receive training on how to engage with those wearing lanyards.

There is a hope that more airment these dementia-friendly The sunflower program is measures in the future to help ease

### New support for international student-athletes

### **LUNA SCHAFER**

ASST. NEWS EDITOR

Lewis athletics recently took the initiative to support its international student-athletes by establishing an International Student Athlete Committee.

The committee is composed of two representatives: Larissa Alves, from women's swimming, and Arturs Gorodnickis from men's soccer. Additionally, the committee includes personnel from various departments within the university.

The representatives include: international student undergraduate enrollment, transfer students, the director of compliance, an athletic trainer who handles insurance and physical related matters and the director of international students.

The primary objective of this committee is to offer assistance and guidance to international student-athletes. Their mission is to address the diverse concerns and needs that they may encounter during their academic and athletic journeys.

Dr. John Planek, Director of Athletics, shared insight on the initiative. "We received recommendations to establish an International Student-Athlete Committee. This committee will serve as a vital resource, guiding our students through the complexities of NCAA regulations, athletic competition and the unique challenges faced by international student athletes at Lewis."

One of the more significant issues discussed during committee

meetings is insurance - a prevalent concern among international students on campus. Many international student-athletes are unsure whether insurance coverage from their home country is applicable in the United States. Addressing this concern, Dr. Planek emphasized the committee's role in providing clarity and support.

The committee acts also as an additional social network, enabling international studentathletes to connect with peers who understand and can empathize with their experiences. By fostering an environment where students can openly discuss their questions and challenges, the committee aims to provide a safe space where international student-athletes can begin to feel more comfortable during their time in college.

smoother process and offer help because most athletes that come don't know anyone in the institution so it's hard to ask for help," dent-athlete from Brazil.

The university's support for the committee distinguishes itself from the Student Athletic Advisory Committee (SAAC) due to its unique structure. This committee, led by two international student representatives, presents diverse situations to department representatives across campus. This collaborative approach ensures a comprehensive understanding by the representatives of the challenges faced by international student-athletes and facilitates

targeted support.

Going forward, when an inter-"I thought it was a good idea to national athlete applies to Lewis help international athletes have a they will have the opportunity to utilize the International Student-Athlete Committee's resources. "If a student says 'Hey, I want to apply to Lewis', then they would said Alves, an international stu- have to go through our application process which includes direct access to the International Student Athlete Committee," said Dr. Planek. He also noted that those applicants will also be contacted by the coaches of their individual

> Current international student-athletes, can nect with Alves via email larissabalves@lewisu.edu or students can contact International Student Services Office Director, Angie Maffeo amaffeo1@lewisu.edu.

# Eliminating voter discrimination in wake of 2024 elections

### **IRENA ILIC**

**NEWS EDITOR** 

On Sept. 26 the Supreme Court stopped Alabama from attempting to use an inaccurate congressional district map for upcoming elections.

Alabama has seven congressional districts, with 27 percent of the population identifying as Black. The new redistricting map Alabama tried to use only included one majority-Black district, which does not accurately portray the Black population in proportion to Johnson, was a response to the state's population.

This decision follows a previous Supreme Court ruling against Alabama earlier this year in June, which rejected the states first attempt at redrawing congressional district boundaries. The court's ruling on June 8 mandated that Alabama revise their map. The ruling on Sept. 26 marks the second time this year that Alabama has attempted to gerry-

Gerrymandering, the practice of drawing electoral districts in a deliberate manner to give one political party an restrain minority groups from voting, is illegal in the United States. Although illegal, gerrymandering persists to this

bama's attempts.

Gerrymandering has significant consequences to voter representation in elections. According to the Pew Research Center, 68 percent of white adults in Alabama identify as Republican whereas 80 percent of Black adults in Alabama identify as Democrats.

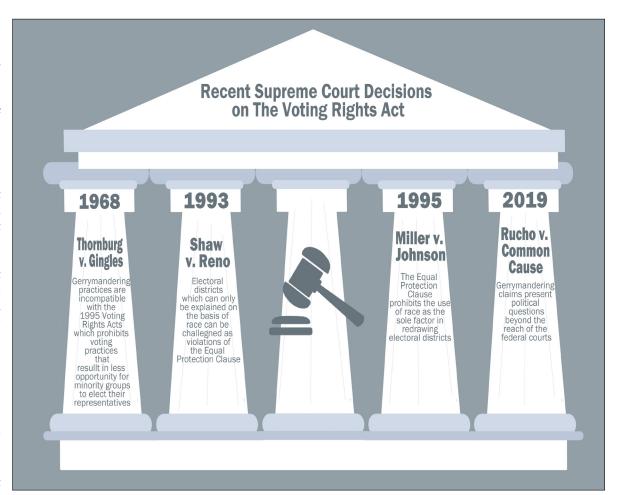
The recent Supreme Court ruling acts in accordance with the 1965 Voting Rights Act which outlawed discriminatory voting practices. The law, signed into effect by President various attempts by southern states to prohibit minority groups from casting votes.

Political Science Department Chair and Professor, Dr. Steven Nawara shares the implications of this ruling.

"Since the Civil Rights Era, Black voters in America have been overwhelmingly Democratic, so the addition of a second majority Black district in the otherwise Republicandominated state of Alabama at least one more Democrat in Congress," said Nawara.

The Supreme Court has advantage over another or to heard gerrymandering cases in the past and has continued unconstitutional.

day, as demonstrated by Ala- House of Representatives, the Supreme Court could never- start of even more chaos. Cur-



**OLIVIA BRZEK / GRAPHIC DESIGNER** 

means the likely addition of court's recent ruling rejecting theless result in a Democrat- rently, the House is being led to be influential in shifting tives," said Nawara. party representation in Conheld a 9-seat majority after to confirm that the practice is the last election, so it's not impossible that this ruling With recent turmoil in the by an extremely conservative Tuesday, Oct. 3, could be the election, but members of Con-

gerrymandering could prove ic-held House of Representa-

For the first time in United gress. "The Republicans only States history, The House of Representatives removed the place on Tuesday, Nov. 5, Speaker, Rep Kevin McCarthy. The vote, which took place on dential seat being up for re-

by interim SpeakerRep. Patrick McHenry as he was next in the line of succession.

Next year's elections take 2024, with not only the Presi-

# The abolition of cash bail

### **LUNA SCHAFER**

ASST. NEWS EDITOR

On Jan. 13, 2021, the Illinois State Legislature passed the Illinois Pretrial Fairness Act, which abolished cash bail.

For many years, cash bail has been used to keep susfor their bond, they were set free before their case was reviewed by a court. The person can be released from jail before trial only if they are able to pay their bond.

The new SAFE-T Act, which includes the Illinois Pretrial Fairness Act, went into effect on Sept. 23, 2023. This action entirely eliminated cash bail in the state of Illinois, causing distress among citizens. Correction facilities, such as the Cook County Jail, have multiple inmates that are now able to petition the courts to review their case for the opportunity of being liberated before their trial takes place.

In the past few years, citizens have voiced their opinion

cash bail was unfair to those on them." who didn't have the resources to pay it. In addition, holding Act was established back in individuals in custody before their trial makes it difficult for them to maintain their job and ity. Many feared the numbers provide for their families.

decided to abolish the rule pects of a crime in custody since it discriminated against these concerns, explaining while they await trial. If sus-minorities, such as Blacks, that although he understands pects had the resources to pay Latinos and low-income indi-

> Professor Dr. Sherwin, who the solution. was formerly part of the Chiments on the topic.

"I think there needs to be some better parameters on determining if cash bail should be a provided option because of the fact that it is part of the 8th Amendment, and the judge has to decide whether the person is a flight risk."

Dr. Sherwin explains how there have been cases where released people crimes that send them right in the state's justice system. back to jail.

"I understand where the legislators are looking," said Dr. lease for many, it has also Sherwin. "They feel like it's sparked concerns among citiunjust that there is this high zens and experts. on the topic, saying that the bond that has been placed

Since the Illinois Pretrial September, there has not been an increase in criminal activwould escalate due to suspects As a result, the government released while awaiting trial.

Dr. Sherwin brings light to there are injustices in the system, abolishing bail is not

"Are we not realizing our cago Police Department, com- limitations, and again, protecting or ensuring the protection of our community?" He goes on to say that people who have records of committing heinous crimes and are now left out on the street have the potential of causing harm again. Dr. Sherwin asks, "Where is the reassurance that this person is going to come back to court?"

> The Illinois Pretrial Act commit marks a significant change While this change has opened the possibility of pretrial re-



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# **OPINIONS**

# Roommate vs. solo housing

### **ARMAUND JONES (AJ)**

**OPINIONS EDITOR** 

For residents of college campuses both far and wide, there is an imperative decision that we must make quite quickly. One that, if made carelessly, you may regret. However it is a rite of passage for us first-timers of campus life. Will we choose to room alone, or will we pursue the undertaking of getting a roommate? Both come with many pros and cons, but at first glance the decision comes down to the guaranteed safety in seclusion or the gamble of giving a stranger a chance in your home.

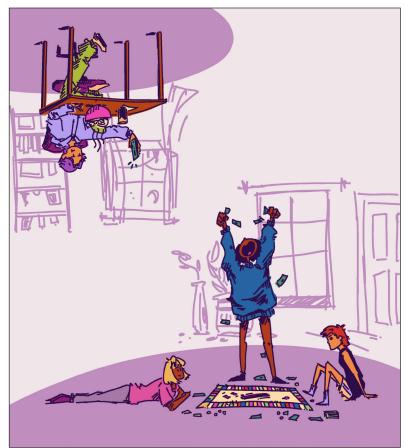
The decision comes with varying confidence as we weigh what we want, what we need, and what we are willing to sacrifice. For those who can say having a roommate is the way to go, there is a potential of knowing said partner prior to committing to living together for a prolonged period of time. However, for those who don't have the luxury of connections, the risk of the unknown is far more

We who feel confident in confining ourselves to a home alone have an obvious shift in mindset and goals that differ from those who choose differently. Grantyear roommates, is certainly frightening at first, yet there is safety in the known rather

the situation of having a vast array of decisions to make and not much time, yet this toil is one we all must face. We have all heard horror stories on either side of the spectrum, but when push comes to shove, we must take a risk with either decision we choose. Those who take on the challenge of bonding with a stranger and building a home together have my admiration fully, for I was not willing to take such a gamble. A flip of the coin for such a hefty decision when so much is at risk is a feat I was unable to meet, and many of those who align with staying alone in their own world may say the same.

While we sacrifice a level of sociality and potential lifelong friends, we promise ourselves an environment completely and utterly nurtured by the self. We prioritize ourselves more than others, placing ourselves in a habitat of seclusion as it eliminates foreign temptations to a with another.

Personally, I believe that solo housing is the better of the two options as it fits my desires the best, as many others can attest to for themselves. I get to focus and build myself uninhibited by another, and am forced to ed, college, especially freshman rely solely on myself, requiring me to grow as an individual. If I fall short of my goals, I can only blame myself for pitfalls. than the risk of an incompatible If I thrive, I have only myself to thank. For those who willingly Many can find themselves in chose to room alone rather than



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far higher degree than rooming with another, we have similar wanted with the decision that minds. Individuals driven by passion and goals larger than life, share in these traits of a home all to our own. Afterall, we are forced to live with ourselves at all times, so why not make sure that the roommates we all have when we are alone are best for us before we try to tackle that problem with others.

Thankfully, such decisions are not set in stone and experiences on either side of the coin have great utility. For you who haven't had the experience

was made mere months ago, a STEPHANIE AGUILAR second wind is right around the corner. Perhaps those who are even happy might try and sample the life of the other side. Either way we are all pushed into this binary of living with ourselves or with others, yet only those who have experienced both can say for sure. Afterall, such a perspective of otherness is needed to find comfort in conforming to the reality of one or GIANNA CIACCIA the other. We made our choice, but will you change yours?

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# Halloween: the season not the holiday

**ARMAUND JONES (AJ)** 

**OPINIONS EDITOR** 

upon us, and with it comes the best and spookiest month of the year. It is almost time to gather jackets and get ready for hot chocolate as the end of October is right around the corner. Along with the best weeks of the year ghosts and demons, zombies there are many wonderfully treacherous phenomena that for your neighbors to see as the family, it is far more than just a will afflict all things around us, some including shorter days, even darker nights with plenty

For some, it may just be a simple holiday, but for my fellow spooky season lovers, Halloween is a time of year where horror runs deep within us and we love all of what comes along with it. We pumpkin spice fanatics and horror movie lovers agree October is arguably the best month of the year weather wise.

With October comes the true essence of autumn as leaves change to magnificent colors and fall from the trees and the sun dials down the heat. But the coldness of winter is not yet knocking at our door. October is not just simply a month of the year for those of us who view that many call us crazy for, for we brothers and sisters of fall

ket as we watch various horror the world, we night dwellers classics.

The season of Halloween is outside world changes significantly when the season of Halloween comes into sight. Many decorations have already sprung up in passing weeks, and we can be certain to see them up until Christmas. Carved pumpkins, and vampires, all on display month progresses.

> There is also a feeling in the air around this time of the year with a sense of comfort and appreciation of enjoying the final the know. month before winter shows her face. This feeling we crave is Halloween are not actually of much like the feeling of togetherness and festive cheer around the time of Christmas, although the love for the spooky season rather than the season of jolly is something that feels darker and far more mysterious, as is the the hours of the night. Rituals of aesthetic of the holiday.

Halloween is the season of scares, candles in the night, candy and costumes, blood moons and black cats, all adored by myself and many others. The In my home the question trick or bright sun of fun-having-summer falls beyond the horizon, and the moonlit night of frights. it with such intense admiration I call upon my brothers and sisters that enjoy these nights more than all others with a rallying we go into this next season ready to all identify with; trick-or-treat? grasp a warm mug of hot choco- As the shadows of the void we late and cuddle up with a blan- call the sky begins to engulf

emerge like bats from our caves. Additionally, the decor of the Lurking on the prowl for a fright in the night, yet only one thing is certain; we want more.

> The practices and beliefs of the many are far different then the rituals of the few. We who love to fight with fright breathe differently around the time of All-Hallows-Eve in comparison to any other. For me and my time of spooks and scares. It is a time of spiritual connection as Halloween is quite the religious holiday for those who are in

> The spiritual connotations of the mainstream holiday itself, but the pagan holiday Halloween is based on. For those of us who celebrate All-Hallows-Eve, we can speak on the horrors that might take place during passion of both love and of hate can perpetuate into many homes on such a day. The light sets and the darkness rises as few know the true horrors of Halloween. treat is quite an interesting one given how a treat can easily be a trick, and sometimes you'll find a trick is often a treat. On that fateful night that lingers on the edge of sight I just might stare into my mirror, and see what exactly stares back.



**OLIVIA BRZEK / GRAPHIC DESIGNER** 



# The reality of dating in 2023

**JULIA LESNICKI EDITOR-IN-CHIEF** 

to meet the perfect person, es- of strangers all over the world pecially nowadays, but how seem to be quite interesting for practical is it? Dating in 2023 has us to watch. Dating shows like become quite interesting to say the least. There are dating apps, dating shows and social media dreds of other shows grasp our and even websites strictly for attention. farmers or Christians to find the right person.

for that lifetime partner, or just messing around to have fun. Women nowadays are surprised if their date comes inside to pick them up on a first date instead of getting the "Here" text message, us. Is chivalry really dead?

Apps like Tinder, Bumble and Hinge are becoming more and more popular especially for colapps. These apps seem to be unreputation of not actually wanting a committed relationship.

word just tends to scare people and sounds like another responaway from those lifelong partry and back in 2010, this number chivalry doesn't actually die. was 18 percent of adults. Why

does this number seem to increase over the years?

Not only are there dating There are thousands of ways apps and websites, but the lives "Love is Blind," "Love at First Sight," "Love Island" and hun-

There was even a show released in 2018 called "Naked Everyone is either looking Attraction," recently added to the streaming service "Max." Basically, someone chooses their partner based on the looks of their naked body and if they like it or not. They don't even get to see their faces, only their bare or simply opening the door for bodies. This show simply blows my mind that it has even come to this level of finding "the one."

What happened to it not being right to judge someone based on lege students and young adults. their looks or their body? This I know a few success stories of show seems to only highlight people meeting on Tinder and body shaming, which so many who are now married. For expeople throw a huge fuss about. ample, Jason Kelce, who plays Why is it ok if a TV show uses for the NFL Philadelphia Eagles, it to make money? The fact that and his wife Kylie. Unfortunate- shows like these have been ly, I know more unsuccessful sto- lasting longer than one season ries of people meeting on dating just proves how sad the reality of dating has become. I blame clear though, because a lot of the this on the dating lifestyle our time people on these apps have a generation has become accustomed to.

We need to work on being This is the sole problem of our more clear about what we want generation: commitment. The in relationships. It's completely okay if you don't want to marry or have kids. Communicating sibility and this pushes people is a huge part of any relationship though, whether you want ners. More and more women commitment or not. Commiteven say they do not want to get ment should not be as scary as married or have kids. Pew Re- it comes off to sound. We have a search says about 30 percent of lot to work on as a society with adults as of 2020 will never mar- our dating lives and make sure

# **TEMPO**

# Talking about "Talk to Me"

MELANIE PATTERSON TEMPO EDITOR

One of the latest horror movies, released in late July, was "Talk to Me."

This movie was filmed in Adelaide, Australia by the production company Causeway Films.

It was the directorial film debut of twin brothers Danny and Michael Philippou.

The plot is suspenseful and keeps the viewer on the edge of their seat.

The storyline follows a group of friends who learn how to summon spirits using an embalmed hand.

Their curiosity leads to trouble when they get hooked on the thrill and one of them goes too far and opens the door to the spirit world.

Sophie Wilde, who plays Mia, a main character in "Talk to Me," was compared to Florence Pugh's role in "Midsommar."

According to IMDb, these two women are killing it in the modern horror game, and it's quite an honor for Wilde to be in the same realm of comparison as Pugh.

I think that there is a chance that this movie will receive greater attention from the film world because of the effects of the film and the cast performance.

The plot proved to be fun to follow and there were a few surprising twists and turns. I'm typically not a fan of horror or thriller movies, but I continued watching because I was intrigued as to what would happen next.

I will admit that it was easy to become frustrated with the stupidity of the characters. However, stupidity is essential in these types of movies.

Much of what happened could've been prevented, but if it was, it would not have been worth watching.

The film had a few scenes that were quite disturbing, surprisingly even right at the beginning.

I anticipated the summoning spirits aspect of this movie to be the most scary, but the graphic scenes proved to be the most concerning.

Had the special effects not have been as realistic, I do not think this movie would have been as scary.



Sophie Wilde in "Talk to Me"

In addition to a gruesome and suspenseful plot, this film also portrayed a deeper meaning, diving into mental health. It is meant to explore the struggles associated with addiction and how holding onto feelings from the past can lead to destructive consequences.

The directors did a good job showing what holding onto grief can do to an individual.

IMDb gave this movie a 7.2/10 and Rotten Tomatoes gave it a 94 percent, which is a drastic difference.

I think I would side with IMDb on this, just because

there were some pieces of the movie I didn't understand and some of the scenes I felt were unnecessary.

Nonetheless, I enjoyed the effects and concept of the movie and am glad that I was able to experience it in theaters.

# Hit or Miss? Counter-Strike 2

**KIRSTEN CAMPOS** 

ASST. TEMPO EDITOR

On Sept. 27, "Counter-Strike 2" was released to "Counter-Strike Global Offense" players. They hyped up this supposed new game to players as a major update to the game. The developer, Valve, had stated on the "Counter-Strike 2" website that the update is "the largest technical leap in 'Counter-Strike' history." Valve also mentioned that the maps are getting a "huge overhaul."

Although the same maps are used, modern graphics make them appear more up-to-date. Maps, such as Overpass, are brighter and more enjoyable alternatives to the dark and gloomy maps in "Counter-Strike Global Offense."

Source 2 game engine, a product of the developer Valve in 2015, was applied to "Counter-Strike 2" and I have to say it looks amazing.

With this change, objects around the map look more realistic and modern, adding an immersive experience to the game.

Not only do the maps add a modern update to the experience of playing the game but I think the visual changes to the interactive gameplay are an important feature too. Smoke grenades are now dynamic and can interact with the environment. They also interact with gunfire, lighting and other grenades.

The VFX within the game has also changed to a more clear and beginner-friendly user interface.

There were also changes to the environmental effects, similar to the smoke and game visuals.

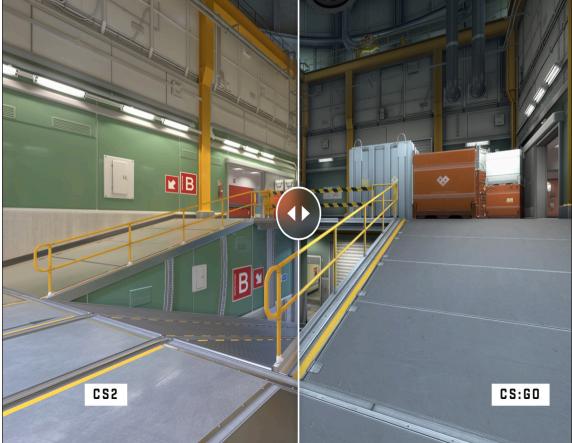
Valve mentioned that there have been audio changes to the footsteps that make them reflect the physical environment and "provide a more comfortable listening experience," according to their website. My only complaint is the absurdly loud loading screen when starting the game, but hey audio changes!

Some of the gameplay features were added to change the "Counter-Strike 2" experience by making it a challenge to the other competitors of the first-person shooters.

The first major change is lowering the number of rounds from 16 to 13. Another feature is the buy menu user interface and the ability to refund purchases and buy for your teammates.

Sounds familiar? All of these gameplay features make "Counter-Strike 2" a competitor for Riot's game, "Valorant."

The ranking system is no longer from divisions/ranks and



Difference between Counter-Strike 2 and Counter-Strike Global Offense with Source 2.

COUNTERSTRIKE.NET

instead a number rating that will determine where players stand on a global or regional scale.

An example of this is the previous division, Global Elite, which is now around scaled to the number 19,000.

My opinion of the new gameplay modifications is that it is a much-needed change to its original release of "Counter-Strike Global Offense" since 2012.

Updating the game to Source 2 modernizes the game with what seems like small visual changes creating an immersive experience. However my biggest fear with "Counter-Strike 2" is the gambling involved.

If there were battle passes or

limited-time bundles it would help counter the ongoing grambling crisis.

It is unfair to invest \$130 and only get three dollars worth in return. This overhaul of the original game is a refresh of a classic game.

Now Valve, let's start working on handling the amount of toxicity, please!

6 www.thelewisflyer.com october 18, 2023 TEMPO

# "Trine 4: The Nightmare Prince:" a Nintendo masterpiece

**RAYNE GRABOWSKI** 

TEMPO REPORTER

There are lots of games out there for the Nintendo Switch. Some are classic, like the "Mario" franchise, while others like "Animal Crossing," became popular during the pandemic.

However, the games that aren't as popular can be just as fun, such as "Trine 4: The Nightmare Prince."

The 2.5 dimension world starts in winter, with Amadeus - a wizard - sitting in his cabin far from civilization.

Zoya, a thief with a knack for a bow and arrow and Pontious, a knight, are introduced in the next sequences.

The three are sent to retrieve the prince from the school of magic since he has begun dwelling in dark magic.

They face obstacles along the way, such as large chasms and vicious monsters.

They discover that the prince has been using dark magic and is quickly losing control of it.

The three heroes must get

the prince home, despite his reluctance to go back.

The plot is the focus of the game while puzzles and gameplay take the experience to a whole new level.

Logic and wits are emphasized, rather than brute force.

There are only a few combat obstacles scattered through each level.

To tackle these obstacles, the player can switch between all three heroes, and in these scenes, Zoya and Pontious are the most useful.

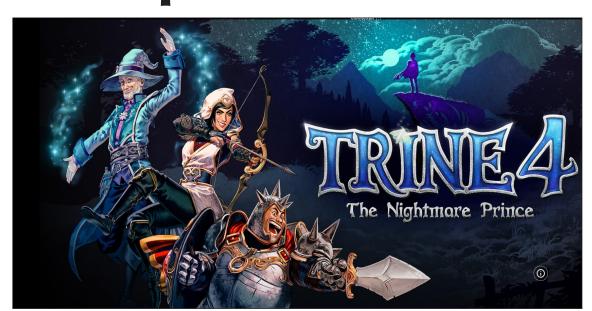
The controls are simple, though it can get confusing when trying to remember how they differ between characters

"The Nightmare Prince" isn't open world.

However, there are a variety of optional side quests that the player can choose to go on.

A side quest must be taken on to enter and explore these nooks.

The graphics are beautiful, with both cozy and beautiful design elements that make a player want to explore be-



Trine 4: The Nightmare Prince is available on Nintendo Switch, Xbox One, PC and Playstation 4

IMDb

yond the predetermined path. Beyond the side quests,

many features of this game make it user-friendly and well-rounded.

The game has around 10 hours of gameplay, although those deciding to go on the side paths can play for around 15 and a half hours straight.

"The Nightmare Prince" is a standalone game as well, meaning that players don't need to have played the previous installments of the game to understand and have fun in the fourth version.

Additionally, there is both a multiplayer, up to four people in unlimited mode and three people in classic mode, even a solo option for playing.

When playing with multiple people, each player has control of one character.

Classic mode allows for

each player to choose a different character; whereas, in unlimited mode the characters can be repeated so that four people can join.

"Trine 4: The Nightmare Prince" is on Nintendo Switch, Xbox One, PC and Playstation 4.

The game is a great way to have a bit of fun after a long day - as long as the nightmare wolves stay away.

# Yippee for Yetee Station Arcade

MELANIE PATTERSON TEMPO EDITOR

As the weather gets colder outside and you're looking for something fun to do, Yetee Station Arcade is the place for you!

Located in downtown Aurora, roughly 35 minutes from campus, this arcade is filled to the brim with games and entertainment.

Yetee Station opened back in August of 2021 and is still gaining popularity.

I would highly recommend visiting, not only because of the great \$15 for unlimited play deal, but also for the experience.

It's a great place to visit with friends or for a date because it is easy for everyone to find something they enjoy. In a world filled with technology, it's fun and nostalgic to go back to the basics.

If you get hungry, the arcade allows you to visit restaurants in downtown Aurora, such as the Ballydoyle Irish Pub or Jake's Bagels, and then reenter.

Just make sure you keep your receipt, as it is required to re-enter. When I visited, I played for three hours, left for food and then came back for more. The ability to re-enter the arcade allows for more flexibility of the experience and provides more options for visiting new places in the Chicago suburb.

The arcade is clean and modern, unlike the grimy and outdated arcades our parents played in.

The games are laid out well with plenty of space so it doesn't feel crowded when busy. The arcade did a nice job grouping similar games together to make them easy to divide and conquer.

On their website, the arcade describes the variety of games they offer. "We're rockin' a selection from the 80's to current day. Pinball, rhythm and classic button mashers included. There is no shortage of fun or gaming to be had!"

The arcade also has drinks, snacks and merchandise available for purchase. Not to mention, they allow you to bring your own food or snacks, if you prefer.

This arcade has a wall of pinball machines on the left side, each with top themes like "Godzilla," "Jurassic World," "Star Wars," "Venom," "Game of Thrones" and many others. I spend most of my time here when I go because it's super



YETEESTATION.FUN

Yetee Station Arcade offers games like "Tetris," "Defender," "Q\*Bert," "DigDug" and "Tapper."

easy to get sucked in with the unlimited play feature.

There are plenty of other games that the arcade hosts too, like "Tetris," "Defender," "Q\*Bert," "DigDug" and "Tapper." They offer racing games like "Daytona U.S.A." and "Crazy Taxi" and dancing

games as well.

"Street Fighter II" is also one that I like to play, even though I haven't quite figured out how to master it.

It costs only \$15 to play for the entire day, and while they are closed Monday through Wednesday, they are open for the remainder of the week. The arcade is located at 11 N. Broadway, Aurora, IL. There is plenty of free parking in close proximity to the arcade.

Be sure to check out their website for updated hours to guarantee enough time of arcade fun!

# **CAMPUS LIFE**

# Rosy Petri art show on display

MICHAEK SACK CAMPUS LIFE EDITOR

The Wadsworth Family Gallery is looking to include new installations of art and showcase talented artists each school year. The gallery is celebrating its tenth year and the month of October marks its 97th show. Three months out of the year is scheduled for student-made art while the other nine months showcase professional artily Gallery.

Beginning on Oct. 2 all through Oct. 27, the gallery presents Rosy Petri, a selftaught artist originating from Milwaukee, Wis. Outside of being an artist, she is a storyteller storytelling and illustration celebration of her ancestors. as an act of witness. Not only looking to inspire others with her artistic vision, she herself is inspired by the sacred art and culture, sports and music.

of collections such as the Mil-

Northwestern Mutual's Giving Gallery and the African American Chamber of Commerce of Wisconsin. Petri has been honored and selected as a Mary L. Nohl Emerging Artist Fellow and a Mildred L. Harpole Artist of the Year from the city of Milwaukee Arts Board.

Petri's use of striking colors gives her images life. The utilization of different fabrics, rather than typical mediums such as paint and ink, gives the art her work at the Wadsworth Fam- own unique touch on famous Black figures such as Marvin Gaye, Hank Aaron and Aretha Franklin. Her work is part autobiography, part documentary and includes themes about selfdiscovery, history and the display of radical Black joy. There and mother who works to fuse are 36 pieces within the gallery, fabric portraiture, multimedia each offering rhythm, color and

Natalie Swain, the art gallery most about [the gallery] is that it provides our students with architecture of cathedrals. In the inspiration to explore what her work, she incorporates sub-they can create using materials jects important to Black history, they might not have considered before. It introduces them to Her art has been showcased new ways of presenting their at multiple locations as a part ideas, possibly leading to a fresh wave of creativity. Addi-



KATHERINE GROPPE / PHOTOGRAPHER

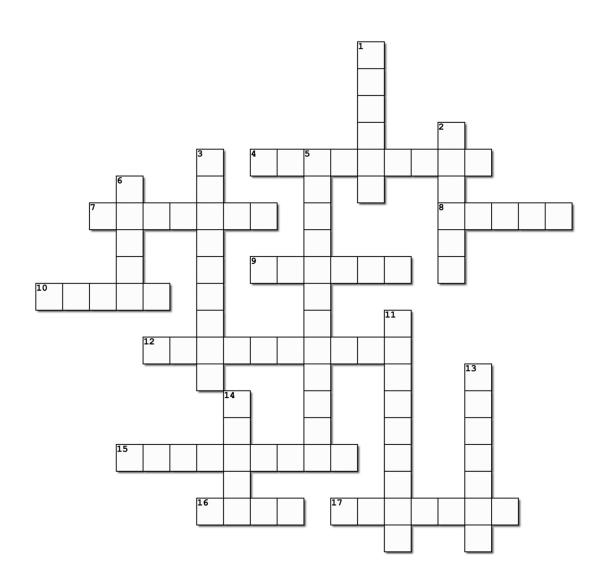
coordinator says, "What I love Lewis students viewing the piece "Brave Brothers".

ous sizes and scales. I've seen have seen otherwise." students start with a standard canvas, but this experience en-

be featured at the Wadsworth For the month of November, courages them to think outside Family Gallery on campus for the Chicago Society of Artists the box. They realize they can most of the month of October. is looking to highlight pieces create something unusually It will be free and open to the from artists with eclectic styles large or explore the beauty of a public from 9 a.m. to 9 p.m. from Nov. 6-24. small piece, opening their eyes each day. The closing reception waukee County Courthouse, tionally, it exposes them to vari- to possibilities they might not and gallery talk will take place

from 7 p.m. to 9 p.m. on Oct. 26 Petri's different works will which is also free to the public.

## Campus Crossword Challenge



### <u>Across</u>

- 4. The last name of the twin brothers who directed
- 7. Which president signed the 1965 Voting Rights Act into effect?
- 8. When a defense sends extra players to rush the quarterback
- 9. What the baseball team says at the end of practice/games
- 10. Tennis Coach's name
- **12.** A racing game centered around picking patrons up in a fast taxi
- 15. Yellow flower, 2018 UK hidden disabilities program
- 16. Which insect produces honey?
- 17. Last name of a professor at Lewis University that also formed part of the Police Department of Chicago

### Down

- 1. Where is Larissa Alves from?
- 2. The living dead
- 3. English translation of "Si se puede"
- 5. When two things don't mix
- 6. "Trine 4: The Nightmare Prince" uses \_\_\_\_ rather than brute force
- 11. Which city is the artist Rosy Petri from?
- 13. Bedcheck...
- 14. Who developed "Counter-Strike 2?"

### Rules:

- -Complete the crossword puzzle by reading the stories
- -Return completed puzzle to room JP-012 before Nov. 1
- -First five winners to present a completed puzzle earn a gift-card

# Si Se Puede: empowering Latino youth

MICHAEL SACK

CAMPUS LIFE EDITOR

The motto, "Si se puede", comes from the United Farm Workers during the 1970s. As a rallying cry for social and labor justice in the United States, Cesar Chavez founded the union and Dolores Huerta helped popularize the phrase for Latino and Latina workers to stand up for their rights in a nonviolent way. Not only is this phrase a motto, it is a declaration of the collective strength of the Latin American community to challenge systemic injustices, fight for better wages, and to push for new opportunities for their children.

This message inspired the creation of the "Si Se Puede Conference" as a way to provide students with a set of skills and tool sets for their educational success and celebrate Hispanic nal justice, and other STEM (Sci-American Heritage Month. It is an annual collaboration by Lewis staff, faculty, university students, high school students, and Latino people to be represented the community. The event offers food and beverages, allowing for students and parents to interact with the staff and speakers. This event was held on Saturday, October 7, 2023.

Alex Perez, a Graduate student and Criminal Justice major says,"I think it's important Lewis, but to continue higher to show representation in our education in whatever desired

schools and cities. I want to try to push them in the right direction through education and their future career opportunities."

Esther Kraft, the Director for Student Involvement and Multicultural at Lewis, helped begin the conference by welcoming the high school students and their parents by giving them a small picture into her own experiences in entering her career. She then had the honor of presenting the keynote speaker, Sandy Lopez, for her presentation.

Dr. Sandy Lopez is the Director of the Undocumented Student Resource Center at Northern Illinois University. She spoke of the importance of Latino people enrolling in universities and colleges across the United States, and emphasizing the significance of going into professions like aviation, crimience, Technology, Engineering, and Mathematics) disciplines. Lopez stressed the ability for within these fields, as this is crucial for creating diversity within different campuses and opening different opportunities to underprivileged communities with youth.

The conference was not only to convince students to attend



MICHAEL SACK / CAMPUS LIFE EDITOR

Sandy Lopez presenting in front of students and parents.

as their capacity to navigate the tensions of shifting cultural confrom culture shock, and the tensions of relocation can cause an individual great stress at such a young age. Speakers stressed that Latino heritage and culschool. It's an important aspect field they choose. Dr. Lopez ture is not meant to discourage

ties of being a Latino student, pursuing their dreams, but in- rooms throughout the Arts and stead empower them.

Liliana Tinoco, a Success texts, the psychological damage Coach at Lewis, then gave her own presentation. She advertised what Lewis as a university offered for the students, and how they can represent themselves and population within the through different clubs, sports, and events. The conference had for aviators, engineers, and scifor kids from underprivileged noted and explained the difficul- young men and women from moved students to different entists.

Sciences building, presenting an education, aviation, and nursing session by their respective professors and representatives willing to speak.

As the rise in Latino students United States, so will the need

# Busy bees take on winter break

**JADA LAW** 

**REPORTER** 

The bees were buzzing everywhere on campus when school started. However, now that the temperature is dropping, you may have noticed that not as many been waking up to smell the roses.

may be thinking, where do they go during that season?

What a bee does during the winter is entirely dependent on what species they happen to be. To keep themselves alive during the cold, some species cluster tightly together, retreat underground or in some cases, die.

Honey bees return back to their hive once the weather begins to drop under 50 degrees. The only time they will decide to leave their beehive is when spring arrives. Honey bees have the ability to create heat through clustering themselves together to protect themselves and their queen from the chill. The inside of their clusters can reach up to a high of 95 degrees.

stored honey. Since it is so cold,

cluster so their honey storage is always next to them.

Different bee species will often dig themselves into the ground or hide in flower stems and piles of leaves. Unfortunately, bumblebees all die before the winter starts unless a bee is a newly black and yellow creatures have hatched queen. Queens tend to burrow in the ground during the Living in a state with cold win- colder seasons if their eggs have ters, like Illinois, means the disapbeen fertilized. Once the warmer pearance of bees during this pe- weather arrives, the queen will eat riod is quite normal. Though, you nectar and pollen and then create a nest to begin the next generation

> With summer ending, students on campus have mixed emotions.

> Freshman undecided major Tiyanna Carter stated, "I am happy the bees are leaving. I am scared of bees and they keep following me around campus."

On the other hand, students like freshman education major Kaitlyn Servin are sad to see the bees leave. "The bees leaving for winter upsets me because I love to see them buzzing around beautiful flowers." She also said that, "I enjoy eating the honey that the local bees by my house make, but I won't be able to get some more till the springtime."

Human made bee hives, apiar-For food, honey bees will eat ies, were established by students in the Biology Transitions Scholarthey are not able to leave their ship Program last April. Apiaries



**OLIVIA BRZEK / GRAPHIC DESIGNER** 

are hives made of sugar and wax which encourage bees to gather pollen and begin honey production. The university's apiaries are situated in the field approaching St. Charles Borremo and can be seen by passing traffic on Independence Blvd. With the placement of apiaries on campus, the university is showing continued support and awareness of bees.

Whether you love them or hate abling them to sprout. Honey bees that winter is over.

Various science majors such as bi- are especially important because ology and environmental science they produce honey, beeswax, benefit from the installation of royal juelly, venom and propolis apiaries as they allow for further which all serve different purposes for humans.

Although the faint buzzing them, bees play an important part sound quiets down and the sight in our ecosystem. The buzzing in- of bees flying from flower to sects provide pollen to crops like flower dies down, they'll be back fruits, vegetables and flowers, en- before you know it to remind you



# Getting ahead in business takes time. It takes effort. And it takes education.

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This **newly redesigned** program has been developed to offer a combined set of management and leadership skills with a set of in-depth competencies from specific disciplines through industry sought-after stackable microcredentials. Through industry alignments with the **International Coach Federation**, the **Association for Talent Development**, and others, we're well positioned to provide you with the skillsets to enjoy an incredible future.

If you feel a master's degree is more than you need, you can pursue an **Organizational Leadership Certificate** which also provides valuable micro-credentials to help put you ahead of your peers.

What's more, as an alum, you may qualify for our **Frequent Flyer** program which offers a 20% discount on tuition.\*

\*The tuition rate should be confirmed and verified by the Admissions Counselor at the time of registration. Only one discount may be applied to a program.

### So what are you waiting for?

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# A brand new look for the flyers

### **COLLIN MCCARTHY**

CONTRIBUTOR

The 2023-24 athletics season is underway and the Flyers are sporting a new logo for the first time since 1964.

Bedcheck Charlie had his farewell tour at the end of the last spring semester and in his place is the new, modern plane.

Athletic Director Dr. John Planek calls the athletic programs "the front porch to the institution." As a NCAA Division II school, the university takes pride in its athletics programs as it is often the first impression made on potential students and their parents.

The idea of revamping the logo isn't anything new. It had been proposed as a potential project before the lockdown but put on the back burner so that other things could take priority.

It wasn't until 2022 that the decision was made to officially look to replace the out-dated Bedcheck Charlie.

When the redesign began in September 2022, there was an emphasis on

choosing something that people would buy, wear and be proud to represent.

Lewis partnered with Enliven Agency on developing the new athletics identity, but it wasn't just a third party effort.

Lewis took faculty, student athletes and alumni into consideration when choosing a direction for the new logo. The agency held numerous meetings with student-athletes from each sport to decide which logo they preferred the most. In the meeting, students were asked which logo represented the attitude and identity of a Flyer athlete best. Charlie may not be our mascot anymore, but you might still see him around on campus. There is not an immediate rush to push Charlie out of sight, but instead his image will disappear in cycles. Dr. Planek says that "over a period of time we'll have the image [of our logo] where we want it." Over time Lewis hopes to have students, athletes and alumni proudly displaying the new logo. The updated logo was fasttracked in April due to renovation plans on the floor of Neil Carey Arena. Additional renovations were made to the track and field, along with the baseball and softball fields. Creating these modifications to advance our athletic facilities make Lewis more appealing.

Further renovations are planned for the athletic programs, but these changes are not going to happen all at once.

Dr. Planek noted that many plans are discussed several years before they are approved.

He said that,"When capital dollars are available, how much of it is allocated to inter-collegiate athletics, and we've already decided where that money needs to go." In other words, a specific amount of money is set aside for each year to accommodate the future plans.

Dr. Planek revealed that the next major renovations coming to the athletics program is a new practice field behind lot NN. The current practice field is used by men's and women's soccer along with



**LEWIS ATHLETICS** 

men's and women's lacrosse. Currently, scheduling is difficult as teams have to block out practice times that often begin early in the morning. The new field would allow for more space and more convenient scheduling

times. Renovations for any university project can't begin until school is out for the year, so we'll have to be patient and see what lies ahead of Lewis athletics next year.



# SPORTS RECAP



### GOLF

9/25 @ Kansas City Cup 3rd place 585 pts 4th place 10/2 - 10/3 @ Flyer Intercollegiate Invite 588 pts

### CROSS COUNTRY

9/15 @ National Catholic Invite South Bend, Ind 9/23 @ Lucian Rosa Invite 2nd place 54 pts. 10/7 @ Lewis Crossover Invite 3rd place

### SWIMMING

9/30 vs. Quincy University W: 126-79 10/6 vs. St. Ambrose University W: 165.5-109.5 Davenport, Iowa

### SOCCER

Indianapolis, Ind.

9/17 @ Southwest Baptist University W: 2-0 9/22 vs. William Jewell College W: 4-0 W: 2-0 9/24 vs. Rockhurst University Romeoville, Ill. 9/29 @ McKendree University W: 1-0 W: 1-0 St. Louis, Mo. L: 0-2 10/8 @ Indianapolis

# **EN'S SPORTS**

### GOLF

9/18 @ Lady Panther Invite 4th place Bolivar, Mo. 622 pts 9/25 - 9/26 @ Kansas City Cup Smithsville, Mo. 616 pts

4th place

W: 1-0

### SWIMMING

10/2 - 10/3 @ Flyer Intercollegiate Invite

W: 152-53 9/30 vs. Quincy University W: 172-87 10/6 vs. St. Ambrose University Davenport, Iowa

### SOCCER

St. Louis, Mo.

10/8 @ Indianapolis

Indianapolis, Ind.

W: 3-0 9/17 @ Southwest Baptist University Bolivar, Mo. W: 4-2 9/22 vs. William Jewell College 9/24 vs. Rockhurst University W: 1-0 9/29 @ McKendree University Tie: 0-0 Lebanon, Ill. Tie: 1-1 10/1 @ UMSL



9/15 @ National Catholic Invite 1st in NCAA DII, 3rd overall South Bend, Ind 9/23 @ Lucian Rosa Invite 2nd place 10/7 @ Lewis Crossover Invite 3rd place 131 pts.

**CROSS COUNTRY** 

### VOLLEYBALL

9/16 @ University of West Florida

9/22 vs. Drury University 9/23 vs. Southwest Baptist University W: 3-0 Romeoville, Ill. 9/29 @ William Jewell College W: 3-1 Liberty, Mo. 9/30 @ Rockhurst University Kansas City, Mo. W: 3-1 10/6 vs. McKendree University Romeoville, Ill.

### TENNIS

10/7 vs. UMSL

Romeoville, Ill.

9/23 vs. University of St. Francis W: 7-0 Romeoville, Ill

Sinales - W: 8-5 10/6 - 10/7 @ UW-Whitewater Invite Doubles - L: 6-3 Whitewater, Wis

L: 2-3

# Baseball is hungry and home run ready

**JADA HARVEY** 

**CO-SPORTS EDITOR** 

The baseball team is back and ready at-bat. Last spring they had a conference record of 20-12 and an overall record of 30-23, the first time in 10 years that the Flyers achieved 30 wins.

Sophomore and right-handed pitcher, Collin Amsden, says that their record-setting success is sure to continue into the upcoming season.

He was confident in their ability to compete with the GLVC competition. Since most of the same lineup is back to play, Amsden said the team "should be around the same in the standings, if not even higher if we play to what we are capable of."

Seven of those returners are

hitters, who, according to Amsden, are "no doubt the strong point of the team." He highlighted Angelo Cantelo, Michael Alt and Thomas Fox each got named all-conference as well as all-regional last season and are returning for the spring. Over the past year, the men have grown tremendously as a team.

Amsden explained that "after the postseason experience we got last year and another year of growing closer as a team, I think we will come out hungrier than ever to achieve our goal, which is to win the GLVC."

With such an ambitious goal, the Flyers will have to battle against some teams that are known for their grit and skill. One team that came to mind for junior pitcher, accounting and business analytics major Ray Cantelo was University of Indianapolis (UIndy). This year they are the team to beat.

Cantelo explained how UIndy is coming off of a College World Series appearance, being the only team from the GLVC to make it to Cary, N.C., where the DII World Series is hosted.

Despite this intimidating achievement, the Flyers are determined to give them a run for their money. Cantelo stated, "[To beat them] I believe that we have to utilize our strengths and stay within ourselves when we face them."

The athlete continued, saying how the team has strong returners and incoming transfers. Cantelo said, "With our returning depth and additions on both sides, I believe that we have the experience and talent this year to make a run for the GLVC and beyond."

Cantelo described how the strategy in baseball comes down

to team chemistry and maximizing what the athletes do well. He gave the example that if one is a pitcher who "competes in the zone and pitches to contact, you shouldn't try to strike out every batter you face; rather, you should utilize your strengths."

Cantelo also pointed out the necessity of communication. A team must be on the same page if they are going to flow well and get along. Cantelo says that when a "team gels well, both on and off the field, they can be very successful in their short and long term goals." One way to do this is to spread the message that every player serves an important role, whether it's big or small. They all have an equal part to play whether it be on or off the field.

Amsden commented on team relationships, saying how strong their bond is and how they are always looking to help each other improve. They uplift each other through everything but are not afraid to give constructive criticism either.

Cantelo noted that the men spend time together outside of their sport eating dinner together, hanging out in one another's sections or doing activities on the weekends. He commented, "Baseball, especially, is a sport where team morale needs to be high." They spend many long weekends traveling from Thursday to Sunday, so their culture must be sound.

Amsden gave a closing comment, saying that he doesn't even like referring to the players as a team, they are a family.

They all have a grounded and mutual love for one another, as well as a superior respect for each other's abilities. He emphasized that "at the end of every practice, we never break it down with 'Flyers' or 'team' on three, rather we end it with "family."



Flyers say a team prayer before the game.

**COURTESY OF JANET CANTELO** 

# PLAYER PROFILE



Junior Year | Business Administration Major

### **CHRISTIAN PRAYER**

### **STATISTICS**

347 career kills 156 digs 426 points

### What is your favorite part about playing volleyball at Lewis?

"I love competing with some of the top teams in the nation, traveling the world, and playing a sport I love with my teammates who are like family to me."

### What are your goals for the 2024 season?

Some team goals this season is to win conference and make a run at a national championship and some individual goals is to be first team all-conference and I have a reach goal to be an all-American."

### When did you start playing volleyball and what made you start?

"I quit baseball and started playing volleyball when I was 12 years old. Everyone in my family either plays volleyball or baseball and my aunt owns a volleyball club so I decided to play volleyball and it was a pretty easy transition."

### If you could play another sport besides volleyball, what would it be?

"If I could play any other sport, I would probably play football or tennis."



www.lewisflyer.com October 18, 2023 Volume 46 Issue 2

# Tennis focuses on mind over matter

JADA HARVEY

**CO-SPORTS EDITOR** 

Tennis is back this year with a fresh dynamic. New coach, Greg Couch, has introduced a new approach that will make the team stronger on court. In addition to daily physical training, Couch wants each player to be mentally tough.

Sophomore and political science major Benedetta Luccone said that as a whole, the team has been "very positive [and has] adopted [Couch's] mindset." Luccone noted that when they lose, "[Coach] sees where we can improve. It helps him [get] to know [us] better." Couch does not care so much that the team wins, but more so about how they can improve as athletes and people. She continued, saying, "he wants to work with us and not against us. If we lose, he says 'where can we go from here?"" The athlete described how excited she was to see herself and her teammates develop these habits. Although strategy is essential to be a successful tennis player, there is one aspect that Luccone highlighted over everything else. She said, "it is more important to be there mentally first."

A good tennis player must have the athletic ability but also to deal with obstacles and mistakes. One lost point could send some athletes down a mental spiral of negative thoughts, causing their performance to go down hill with it. The only way to overcome this is to be mentally resilient and to look forward after each point in a match. To Luccone, this mindset improvement has been a milestone for the team. Not only do they have the talent, but now they have a brighter outlook before, during and after matches.

Right now the Flyers are training for their main season in the spring so practices are lighter than usual. The team practices for two hours each day in addition to abdominal workouts three days a week. Couch is also looking to incorporate yoga and weightlifting sessions.

A typical practice includes drills and practice points, including common drills like basket feeding and four up. In basket feeding, the coach has a basket of balls and tosses them in different spots on the court for the players. The players must then hit them back, switching between forehand and backhand swings. Four up includes four players, two on each side of the court. They stand closely to the net and must volley the ball back and forth, not letting it touch the ground. If the women aren't doing drills, they are simply playing doubles and singles to get them match ready.

So far, the team has had three weekends of competition; the regional ITA tournament, a home opener duel match against St. Francis and a tournament at University of Wisconsin-Whitewater. The three newcomers, Graduate student Brooklyn Ross from Colorado, Junior Sofiia Vdovychenko from Ukraine and Freshman Sreevalley Varma Medishetti, from India, got to celebrate their first Flyer victories against St. Francis. Ross finished her match 6-2, 6-2, Vdovychenko completed hers with a score of 6-0, 6-1, and Medishetti crushed her opponent 6-0, 6-0. The whole match against St. Francis resulted in victories for all Flyers with an end score sweep of 7-0.



Sofiia Vdovychenko coming down on a serve.

Performing with such an optimistic attitude, the team is sure to see their confidence and record grow. The women's next preseason tournament is at NIU on Oct. 27 through Oct. 29.

# Bears bounce back from 14 game losing streak

**JOSEPH FERNANDEZ** 

CO-SPORTS EDITOR

After losing a franchise record of 14 games in a row, the Chicago Bears' head coach, Matt Eberflus, needed to change the team's narrative. Starting 1-4 this season, the Bears headed into week five needing a win vs the 2-2 Washington Commanders. Not only did they secure a victory, they found a way to completely outclass the opposition.

Quarterback Justin Fields came into the game riding high confidence, despite the squad losing a heartbreaking 31-28 game to the Denver Broncos. Afterwards, most Bears fans were left thinking, where do they go from here? How could the team possibly respond after so many losses? Well, Eberflus (who may have been on the hot seat had they lost again) found a way to rally the locker room and had the team playing with the most intensity fans have seen all year. Allowing only 20 points, the

defense stepped up in a massive way, more than doubling the team's total in sacks with five on the day. After defensive coordinator Alan Williams resigned due to personal reasons, the defense has struggled to stop teams from converting on third down, allowing opponents to successfully convert at a 57 percent rate. Cornerback Greg Stroman Jr. got a chance to start and did not disappoint, having a career day recording a sack and an interception against his former team.

The largest beneficiary from this impressive performance was Justin Fields. He came into this season with zero 300 yard passing games, a record of 5-20 as a starter, and a 24-21 touchdown to interception ratio. After week five, Fields has put the league on notice after his past two performances. Passing for 300 plus yards both times, while also throwing for a total of eight touchdown passes in the process.

After dismissing wide receiver Chase Claypool from

the team before week four, the offense has been humming. However, D.J. Moore has begun to catch his stride proving why he was worth trading the number one pick for. After recording a career high, 230 yards on eight catches (while also having three touchdowns), the wide receiver has jumped up to fifth in the NFL in receiving yards, sandwiched between elite talents like A.J.

Brown and Stefon Diggs. While the roster is still filled with plenty of holes, all the fans want to see is effort. They want to see coach Eberflus' defense improve along with the offense maintaining its stride. Certain issues as far as pass rush, really can't be fixed during a season without sacrificing the Bears battered secondary. Once guys like Jaylon Johnson, Eddie Jackson and Kyler Gordon return,

the secondary will improve, allowing Eberflus to send more blitzes to allow the pass rush to "get home" more often.

Coming up in week six, the Bears will host the Minnesota Vikings at Soldier Field without superstar wide receiver Justin Jefferson, a matchup that the Bears aren't favored to win, but the expectation is for the Bears to take down their division rival in a pivotal game.



Greg Stroman Jr. and Terell smith celebrate a turnover.

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